

If.....

- You wish to access one or more of the services outlined
- You would like more information about the programs and services offered through **Services to Seniors**
- You need information on other programs and services available to Seniors
- You wish to find out more about becoming a volunteer or fee-for-service worker.....

- Transportation/Driver Escort
- Errands/Shopping
- Companionship Service
- House cleaning
- Yard work – Grass Cutting/Snow Removal
- Handyman– Minor Home Repairs
- Friendly Visitors
- Friendly Phone Calls/Daily Check
- Foot Care/Hearing Clinics
- Victoria Lifeline
- Community Tax Program
- ERIK® - Emergency Response Information Kit®
- Fraud and Safety Program
- Health and Wellness Events
- Support Groups
- Home or Community Visits
- Falls Prevention Information
- Completion of Forms
- Seniors Resource Information
- Referrals to Appropriate Agencies
- Seniors Exercise Opportunities
- Volunteer or Fee-For-Service Opportunities



Two Rivers Seniors Resource Council Inc.

Serving the....

RM of Lac du Bonnet

Town of Lac du Bonnet

RM of Whitemouth

RM of Reynolds

LGD of Pinawa

Contact:

Resource Coordinator for
Whitemouth – Reynolds

Phone: 348-4610

e-mail: wmrivers@mts.net

or

Resource Coordinator for
Lac du Bonnet – Pinawa

Phone 345-1227

e-mail: tworiver@granite.mb.ca

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Services to Seniors

Services are available throughout the Province of Manitoba. These community-based programs are designed to assist seniors who wish to maintain their independent living status in their own homes and those people whose independence has been compromised. All of the **Services to Seniors** programs are provided through the combined efforts of dedicated volunteers, fee-for-service workers and the Services to Seniors staff. Each volunteer or fee-for-service worker has been reference-checked and the fees are regulated by the **Two Rivers Seniors Resource Council Inc.** All services and programs are provided with confidentiality, keeping the individuals' needs in mind.

Lifeline Personal Response Service

When others can't be with you or your loved one, Lifeline is... 24 hours a day, 365 days a year. A one time installation charge and a monthly maintenance fee provides help with just a push of a button.

In Whitemouth call 348-4610
In Lac du Bonnet call 345-1227



Transportation/Driver Escort Service

Provides transportation to and from medical appointments as well as for personal errands. The volunteers give freely of their time. A fee is charged to cover the cost of gas and automobile repairs. Fees are based on a round trip and are determined by distance.



Friendly Phone Calls and Friendly Visiting

Provides those who are shut-in or lonely with companionship and support. Volunteers visit on a regular basis to share an activity or have a friendly chat.



Emergency Response Information Kits (E.R.I.K®)

Contains pertinent personal information in case a medical emergency arises.

Handy Helper Service

Handy Helper is designed to provide fee-for-service workers to assist with housecleaning and yard work.



Daily Telephone Check

A daily phone call at a pre-arranged time insures that all is well.



Meals on Wheels

A hot, nutritious lunch delivered to your door three times a week.



Services to Seniors

'CARING FOR PEOPLE'
